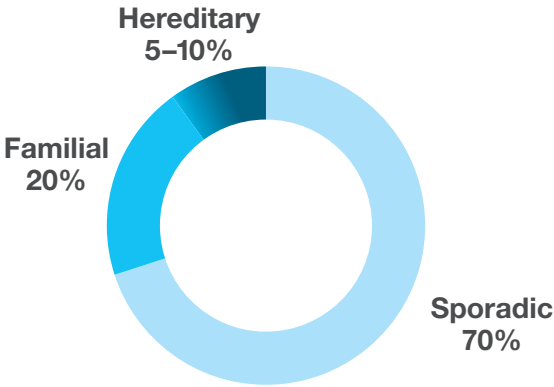
natera™ | Empower™
Hereditary cancer test

Move forward with confidence

Empower™ analyzes your genes to determine your risk for common hereditary cancers

Your genes, Your health, Your choices

Approximately 5 to 10 percent of all cancers can be attributed to inherited variants or mutations.[1] Patterns of cancer can be seen in families where people have these mutations. If you are concerned about cancer patterns in your family, genetic testing can give you more information about your cancer risk.



1. Genetic Testing for Inherited Cancer Susceptibility Syndromes, National Cancer Institute. March 2019. Available at : cancer.gov/about-cancer/causes-prevention/genetics/genetic-testing-fact-sheet

2. American Cancer Society. How Common Is Breast Cancer? Jan. 2020. Available at: https://www.cancer.org/cancer/breast-cancer/about/how-common-is-breast-cancer.html.

3. National Cancer Institute. SEER Cancer Stat Facts: Prostate Cancer. Accessed at https://seer.cancer.gov/statfacts/html/prost.html on March 15, 2019. Available at: https://www.cancer.org/cancer/prostate-cancer/about/key-statistics.html

1 in 8 women

will be affected by breast cancer in their lifetime[2]

1 in 9 men

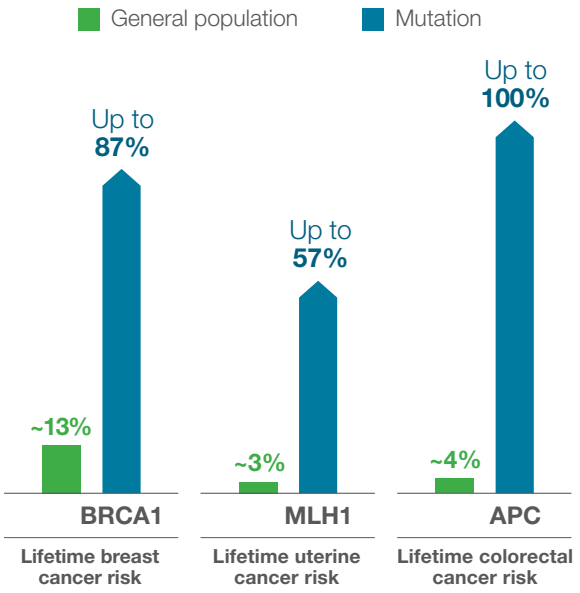
will be affected by prostate cancer in their lifetime[3]

Know your risk for hereditary cancer

When to consider testing

- Personal or family history of cancer at age 50 or younger
- Personal or family history of ovarian, male breast or pancreatic cancer
- Multiple cancers or tumors on the same side of the family
- You have Ashkenazi ancestry
- You are concerned about personal or family history of cancer

Mutations significantly increase your likelihood of developing cancer



NCCN Clinical Practice Guidelines in Oncology Genetic/Familial High Risk Assessment: Breast, Ovarian and Pancreatic v1.2020

Introducing Empower

The Empower Hereditary Cancer Test helps you understand if you have increased risk for developing cancer or why it might be common in your family. This knowledge can help you make decisions for the future such as more frequent cancer screenings or talking to your family members about their cancer risk.

Testing options

Empower screens for up to 53 genes associated with increased risk for common hereditary cancers. Your healthcare provider can discuss the available options and help to recommend the right panel for you. Our Empower multi-cancer panel includes 40 commonly screened-for genes associated with 8 cancer types. For a complete list of Empower genes and panel options, visit **natera.com/Empower.**

BRCA1 and BRCA2 panel
BRCA1 and BRCA2 panel

+

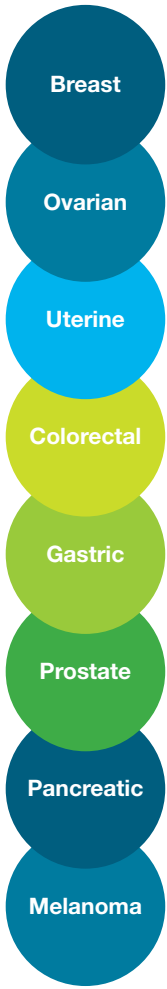
GYN guidelines-based panel
Breast, ovarian, uterine cancers and Lynch syndrome genes

+

Multi-cancer panel
Most commonly screened-for genes across 8 cancer types

+

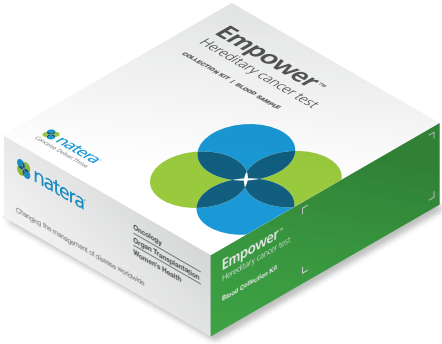
Multi-cancer, expanded panel
Includes multi-cancer panel plus additional genes with emerging evidence



There are several benefits to knowing your results

- Your physician may adjust your cancer screening approach, which could lead to earlier detection of abnormalities
- Your physician can recommend preventive treatments or procedures to reduce your chance of developing cancers
- You can educate your family members on their risk, testing options, and risk of passing mutations to their children[1]
- You and your loved ones can make lifestyle changes to stay healthy[2]

1. Cragun D, Lewis C, Camperlengo L, Pal T. Hereditary Cancer: Example of a Public Health Approach to Ensure Population Health Benefits of Genetic Medicine. Healthcare (Basel). 2016;4(1):6. Published 2016 Jan 8. doi:10.3390/healthcare4010006
2. American Cancer Society. Stay healthy. Available at: https://www.cancer.org/healthy.html



How to get started

The screening process consists of 3 simple steps:

1

Your provider orders the Empower Hereditary Cancer Test

2

You provide a blood or saliva sample

3

You review your results with your provider within 2–3 weeks

Understand your Empower results

Three results are possible

Negative

No variant known to increase risk for cancers was found in the genes tested

Positive

A mutation was found which may be associated with an increased risk for certain cancer types

Variant of Uncertain Significance (VUS)

A variant has been identified, but there is not enough evidence to determine if it is associated with an increased risk for cancer. VUS status can change over time. Discuss your family history of cancer with your provider to understand your personal risk profile.

Next steps with Natera

Natera provides complimentary genetic information sessions to answer your questions and provide additional educational resources.

Access your patient portal anytime through **my.natera.com** to track and view your results.

Commitment to affordability

Natera is pleased to be an in-network provider with most health plans, including Aetna, Anthem, Cigna, and UnitedHealthcare. Check out our growing list at **natera.com/in-network-plans.** For patients without adequate insurance coverage, Natera also offers self-pay pricing and compassionate care options.

Family testing program

Testing for first-degree relatives of patients with a positive result is available at no additional charge. Visit **natera.com/Empower** for more details.

Take advantage of our supporting services by texting the following keywords to 484848

EMPOWER to learn more about the test

Watch a short informational video about the Empower Hereditary Cancer test.

DRAW for complimentary blood draw services

Once you have your test kit, find a local blood draw site or schedule an appointment with a mobile phlebotomist.

SESSION for genetic information sessions

Schedule a complimentary 15-minute call with a board-certified genetic counselor before or after your test.

Learn more about Empower:
Call us +1 844 778 4700
Visit us natera.com/empower

The test described has been developed and its performance characteristics determined by the CLIA-certified laboratory performing the test. The test has not been cleared or approved by the US Food and Drug Administration (FDA). Although FDA has generally not enforced the premarket review and other FDA legal requirements for laboratory-developed tests in the US, certification of the laboratory is required under CLIA to ensure the quality and validity of the tests. CAP accredited, ISO 13485, and CLIA certified. © 2020 Natera, Inc. All Rights Reserved. EMP_BR_PatientBrochure_20200429_NAT-8020097

201 Industrial Road, Suite 410, San Carlos, CA 94070
Main +1 650.249.9090 | Fax 1.650.730.2272 | natera.com

natera™

Conceive. Deliver. Thrive.